

**2024 Worcestershire T&F Championships
(Track events Timetable)**

Event No	Time	Event	Age Groups	H/F	
T01	11.00	400m Hurdles	U17 & U20 Men	final	
T02	11.10	300m Hurdles	Men Mas 60 + U17 Wom	final	
T03	11.25	300m	U17 Women + U15 Girls	final	
T04	11.30	300m	U15 Boys	final	
T05	11.40	400m	U20W & Masters(W)	final	
T06	11.45	400m	U17, Men	final	
T07	11.50	400m	U20 Sen & Mas Men	final	
T08	12.00	100m	U15 Girls	2 Heats	to T29
T09	12.05	100m	U13 Girls	2 Heats	to T28
T10a	12.10	75m Quad	U11 Girls Race 1		
T10b	12.13	75m Quad	U11 Girls Race 2		
T11	12.16	75m Quad	U11 Boys Race 1		
T12	12.25	800m	SW,MW,U20W,U17W	final	
T13	12.30	800m	U20, Sen M,MM	final	
T14	12.35	800m	U17, Men	final	
T15	12.40	800m	U15 Girls	final	
T16	12.45	800m	U13 Girls	final	
T17	12.50	800m	U13 Boys	final	
T18	12.55	800m	U15 Boys	final	
T19	13.05	200m	U15 Girls	2 Heats	to T45
T20	13.25	70m Hurdles	U13 Girls	final	
T21	13.40	75m Hurdles	U15 Girls + U13 Boys	final	
T22	13.55	80m Hurdles	U17W + U15B	final	
T23	14.10	100m Hurdles	Sen & U20 W + U17 Men	final	
T24	14.25	110m Hurdles	Sen & U20 Men	final	
T25	14.35	600m Quad	U11 Girls		
T26	14.40	600m Quad	U11 Boys		
T27	14.50	3000m	All Ages U15 +	final	
T28	15.10	100m	U13 Girls	final	from T9
T29		100m	U15 Girls	final	from T8
T30		100m	U20 Men	final	
T31		100m	U15 Boys	final	
T32		100m	U13 Boys	final	
T33		100m	U20, Mas Women	final	
T34		100m	U17 Men	final	
T35		100m	U17 Women	final	
T36	15.35	100m	Sen & Mas Men	final	
T37	15.45	1500m	U17W, U20W, SW, WM	final	
T38		1500m	U13 & U15 Girls	final	
T39		1500m	U13 & U15 Boys	final	
T40		1500m	U20, Sen & Mas Men	final	
T41		1500m	U17 Men	final	
T42	16.20	200m	U13 Girls	final	
T43	16.25	200m	U17 Women	final	
T44	16.30	200m	U13 Boys	final	
T45	16.35	200m	U15 Girls	final	from T19
T46	16.40	200m	U15 Boys	final	
T47	16.50	200m	U17 Men	final	
T48	16.55	200m	U20 Men	final	
T49	17.00	200m	U20,Sen & Masters (W)	final	
T50	17.05	200m	Sen & Masters Men	final	

Athletes must report to the start line for track events 10 minutes before published time